

Swimming Only

1. The number in front of the event indicates the order in which it will be run. Plan accordingly when making your entries.
2. If a contestant qualifies for the finals in his/her heat and wishes to scratch the final race, he/she must tell the Clerk of Course at the time of notification. Otherwise, if the contestant scratches later, he/she will be prohibited from participating in the balance of the meet.
3. A member club may enter no more than one team in each relay race. Each team shall be allowed a maximum of eight actual contestants in each relay, any four of which may compete in the trials, swim-offs, and/or finals. There will be a charge for only four swimmers. There are no unattached relays.

WESTCHESTER COUNTY SWIMMING ASSOCIATION REQUIRED ENTRY PROCEDURE FOR SWIMMING EVENTS

- I. Type or print entry forms in ink. Forms in marker or pencil will not be accepted!!
- II. Coaches are requested to make a copy of all forms for their information.
- III. Entry blanks and rosters must be completed in full to ensure that proper fees are paid and passes issued for entry to Playland and Lake Isle.
- IV. ROSTERS must include all competitors and their birth dates, including relay only swimmers and alternates.

Please enter and complete the following where required, for EACH EVENT entered on the entry blanks:

1. List full name and age as of the first day of diving.
2. In the box under the correct event number, on the same line as the swimmer's name and age, list the best previous time (yards) or NT (no time).
3. As there are separate sheets for different ages and boy/girl events, please number the pages if you will be using more than one of any sheet.

PLEASE NOTE: The 13 & under IM is on the page with the 10 and 12 & under events.

If you have swimmers who "swim up" and are on 2 different sheets make sure they are not entered in more than 4 individual events including diving.

RELAY EVENTS:

Coaches must complete entry forms for each relay and must list:

1. Best previous time (yards) or NT (no time).
2. The names of all eight swimmers entered. Please use the same spelling and/or abbreviations for each swimmer on relay entry sheets as on individual entry sheets.

NOTE: Only those swimmers listed on the relay entry will be eligible to swim. Failure to list swimmers' names or the use of an unlisted or unregistered competitor will result in DISQUALIFICATION of the relay team.

Enclosed in each team entry packet is a list of swimmers registered as competitors for that team. Completed registrations must be handed in with your entries or those swimmers who are not registered will be scratched. Due to later entry deadlines, there is no time to check registrations for you and wait for you to get "one more registration" or birth certificate. ALL UNREGISTERED SWIMMERS will be SCRATCHED after the entry deadline.

Diving only

1. All diving contests will be conducted according to Federation High School rules pertaining to one meter springboard diving. These rules will apply and be strictly enforced.
2. All entrants in the diving competition must perform FIVE dives: which must be selected to include one dive from each of the five groups. **The dive from the reverse group must be performed as the first or second dive of the competition.** The other optional dives may be performed in any order.
3. ***The diving score sheet must be handed in with the diving entries before the entry deadline. Changes to the sheets may be made between 12 pm and 1:15 pm on the day of the diving. After the deadline, only corrections related to computer input errors will be permitted. (We will be using the Colorado 5000 and Edive automatic diving score equipment for the diving competition.)**
4. Diving contestants may enter **only one diving event.** The age groups are 10 - 13 years old and 14 - 17 years old. A diver may not "dive up" in age group. Diving is a point scoring event. A diver may compete in three swimming events as well as one diving event for a total of four individual events.
5. The Diving Referee is in FULL command of the diving events.
6. The dive number and position shall be the official description of the dive. Only changes in position are permitted after submission of the entry form. It is strongly urged that coaches confer with contestants when reviewing diving sheets on the day of the competition. No changes will be permitted after 1:15 P.M. the day of diving. (RULE 9, SECT. 3, ART.4)
7. In order to be properly entered in the diving competition, NAME, DATE OF BIRTH, and DIVING SCORE SHEET along with the proper fee(s) must be submitted by the ENTRY CLOSING DATE.
8. If a team has more than four divers and wishes to enter alternates, enter the name by the "ALT" on the entry form. Each team is limited to four divers in each event. Alternates must pay entry fees.
9. Anyone who holds a paid position as either a swimming or diving coach shall NOT be permitted to compete in the Championships.

COMPLETE DIVING SCORE SHEETS MUST BE SUBMITTED WITH ENTRIES
ON AN OFFICIAL ENTRY FORM
CHANGES MAY BE MADE BETWEEN 12 PM AND 1:15 P.M ON THE DAY OF THE MEET.
NO CHANGES will be permitted after 1:15 p.m. (RULE 9, SECT 3, ART 4)

AWARDS

A trophy shall be awarded to the team with the highest overall point score. Individual medals shall be awarded for places one through eight.

Monday - Girls & Boys 10-13 Division (Girls dive first)

Tuesday - Girls & Boys 14-17 Division (Girls dive first)

WESTCHESTER COUNTY SWIMMING ASSOCIATION
Rules and Regulations

1. All contestants must be registered with the WCSA and must actually, physically live in Westchester County for six months prior to the first day of the meet (first day of diving). Contestants must compete one year unattached when changing member clubs. When changing to another club, the contestant must submit a transfer registration and pay the transfer fee of \$2.00.
2. The meet is conducted under National Federation Rules as modified by the WCSA
3. Contestants will swim in events based upon their age on the first day of the meet (first day of diving).
4. When entering a number of events, contestants should take into consideration the fact that they require swimming in trials (heats) and finals. No contestant may enter more than four events, including one diving event, exclusive of relays, during this meet.
5. If any contestant is entered in more than four individual events, we retain the right to scratch him/her from any number of events exceeding four, at our discretion.
6. In each individual event, a club may have four entries and four alternates. In no event may a club be represented by more than four individuals. Alternates must pay entry fees. ALTERNATES: Alternate entries are designated by an "A" on the entry sheet. If more than four competitors are entered in one event, we retain the right to choose alternates at our discretion. Coaches must report alternates to the scorers table before the start of the meet EACH DAY OF COMPETITION to substitute an alternate. Failing to do so will prevent the alternate from competing.
7. Anyone who holds a paid position as either a swimming or diving coach shall NOT be permitted to compete in the Championships.

Entry fee is \$2.00 per competitor per event. Each team is limited to four entries in each division. Alternate entries must also pay \$2.00 per event. The Relay fee is \$10.00 per event. Each team is limited to one relay entry per event.

Full payment must accompany entries or they will not be accepted. Checks or money orders may be made payable to: WESTCHESTER COUNTY SWIMMING ASSOCIATION.

AWARDS

- In all events, medals will be awarded to first through eighth places. Special relay event trophies are also awarded to the winning relay teams.
- Individual High Point Score Awards (open to all contestants) will consist of trophies for first and second place in each age group for both boys and girls.
- Trophies will be awarded to first, second, and third places for combined team score. There are also trophies for first, second, and third place high-scoring teams in both the girls' and boys' divisions.
- In diving, there is an overall team high point trophy.

All competitors who are not registered with the W.C.S.A. WILL NOT be permitted to participate in individual events or relays. If you are unsure if a competitor is registered, consult the registration lists. Call (914) 231-4586 or email wcsacounties@gmail.com to check on a swimmer who has swum in the Counties before and is not on your registration list.